

14 July 2026

Dear Parents and Carers

As we approach the end of this school year, we would like to take this opportunity to share some information about our Spiritual, Moral, Social and Cultural (SMSC) education programme.

SMSC education plays an important role in supporting pupils' personal development, wellbeing and preparation for life now and in the future. It is the curriculum subject that gives young people the knowledge, understanding, strategies and practical skills to live safe, healthy and productive lives to meet their full potential.

As part of SMSC education, we deliver Relationships, Sex and Health Education (RSHE) in line with the DfE statutory requirements. RSHE is designed to be age-appropriate, inclusive and respectful, and teaching takes place in a safe and supportive learning environment, underpinned by our school ethos and values. The statutory guidance has changed for September 2026 and as a result now covers subjects such as:

- Online safety and digital awareness: including deepfakes, AI, online grooming, sextortion, pornography and the influence of social media.
- Misogyny and harmful online cultures: recognising and challenging sexist or extremist online influences (such as the 'incel' or 'manosphere' culture).
- Sexual harassment and the prevention of violence: clear teaching on consent, coercion, harassment, stalking and the prevention of violence against women and girls especially.
- Mental health and wellbeing: understanding different types of mental health issues, how to maintain your self-esteem and how to look after your own health and wellbeing.
- Personal safety: emphasis on safety in public spaces, water safety, managing risk, and digital environments.

An overview of our SMSC curriculum, and learning journey and RSE Policy can also be found on our website in the learning section which provides details about what pupils will learn in each year group [Park Community School | SMSC](#)

We recognise that parents and carers may have questions about SMSC education. If you would like to discuss any aspect of the curriculum, policy, materials or teaching methods, please contact the school office in





the first instance and your query will be directed to the appropriate staff member.

Parents have the right to request that their child is withdrawn from sex education up to and until three terms before the age of 16, this must be done in advance of the lesson, in writing. There is no right to withdraw from relationships education or health education and in addition there is no right to withdraw from any topics taught as part of the science curriculum, including topics related to puberty or sexual.

I would be grateful if you could take the time to fill in the survey linked below as part of our ongoing efforts to ensure our curriculum is age-appropriate, inclusive and respectful.

[RSE Consultation – Fill in form](#)

We value working in partnership with parents and carers and appreciate your continued support in helping our pupils grow into confident, healthy and respectful young people

Yours sincerely

A handwritten signature in dark ink, appearing to read 'Sarah Loake', with a stylized, cursive script.

Sarah Loake
SMSC Co-ordinator